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Centre-wise Major activities (Ayurveda)

Name of the Institute	Major Activities/ Services
RARI, NAGPUR	<p>Clinical Research in Ayurveda (Mandate-Mother and Child Health)</p> <p>Other Activities:</p> <ul style="list-style-type: none"> • Health care services through Out-Patient Department (OPD) and In- Patient Departments (IPDs) • OPD for General Patients • OPD for Geriatric Health Care • Research oriented public health care services (outreach activities) i.e. <ul style="list-style-type: none"> ➤ Tribal Health Care Research Programme under TSP ➤ Ayurveda Mobile Health Care Project under SCSP ➤ Women and Child Health Care Programme under SCSP (Nodal Institute) • Any other assignment of National importance related to Research & Development in Ayurveda.


A. LIST OF INTRA MURAL RESEARCH PROJECTS during 2023-2024

Completed projects

Sl no	Name of the project
Clinical research projects	
1	Effectiveness of composite Ayurveda regimen in a black box design for the management of Rheumatoid arthritis –A community based study under THCRP project
2	Effectiveness of Ayush Rasayana A & B on Quality of Life of elderly population-A cluster randomized study under AMHCP-SCSP project

Ongoing projects

Clinical research projects	
1	Impact of Ayurveda Based Lifestyle Advocacy And Practices Among Apparently Healthy Individuals Across Selected Cities In India- A Randomized Parallel Group Study:
2	Effectiveness of Rajapravartani and Saraswatarishta in Dysmenorrhea-A prospective community based study under WCH-SCSP Project


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B. List of collaborative research projects 2023-2024

Completed projects

Sl no	Name of the project
Clinical research projects	
1	Collaborative project- A Comparative Clinical Study of AYUSH-LND a coded Ayurvedic Formulation in the Management of Asrigdara (Abnormal Uterine Bleeding).-ICMR, GMC, Nagpur
2	A Study of Ashwagandha co-administration with COVID-19 vaccine (COVISHIELD tm) on Safety, immunogenicity and protection: A Randomized double blind placebo controlled, Multicentric clinical trial

Ongoing projects

2 Clinical research projects	
1	An Ayurvedic intervention as add on for prevention of Acute Pain crises in Sickle Cell Anaemia
2	Treatment adherence, Tolerability and safety of Ayurveda therapeutic regimen in the management of primary knee Osteoarthritis: An OPD-based study

Projects to be initiated in 2024-25

Clinical Research Projects	
1	Collaborative project under AYUSH-WCD collaboration entitled Anemia control among adolescent girls through Ayurveda interventions in the five districts under Mission Utkarsh.
2	General health screening with special focus on Tuberculosis, Anemia, Hemoglobinopathies, & Malnutrition and Ayurveda interventions for better health outcomes in the students of Ekalavya Modern Residential Schools (EMRS) functioning under M/o Tribal affairs.
3	Assessment of acceptability of the Comprehensive Ayurveda-based health care approach in the tribal community and effectiveness of individualized health care - Cluster randomized study under THCRP programme.
4	Acceptability of the Comprehensive Ayurveda-based health care approach in the community and effectiveness of individualized health care - Cluster randomized study under AMHCP-SCSP programme



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TRIBAL HEALTH CARE RESEARCH PROJECT UNDER TSP

S NO	PROJECT YEAR	No of tours	No of villages covered	Population surveyed	ST patients treated	Total patients treated	Total Investigations carried out
1	2023-2024	208	08	3866	3899	7631	5400

Work carried out from April 2023 to March 2024:

- During this period a total 3866 scheduled tribes population of 08 villages/colonies was surveyed and Health care services provided to 7631 patients (Male: 5083, Female:4254) of which 3899 belonged to scheduled tribes (Male: 1700; Female:2199).

Research projects during the period 2023- 2024:


Effectiveness of composite Ayurveda regimen in a black box design for the management of Rheumatoid arthritis –A community based study under THCRP project

Institute wise status of work carried out under TRIBAL HEALTH CARE RESEARCH PROJECT UNDER TSP during 2023-2024

Name of the Institute	Pockets covered	No. of tours	Population Surveyed (ST)			Patients treated												Folk Claims	
						New				Old				Total					Grand Total
			ST		Other		ST		Other		ST		Other						
			M	F	M	F	M	F	M	F	M	F	M	F	M	F			
RARI, Nagpur	5	208	1942	1924	3866	1270	1654	994	1260	430	545	683	795	1700	2199	1677	2055	7631	17

Prevalent diseases under THCRP

SL NO	NAME OF THE INSTITUTE	NAME OF THE DISEASES
1	RARI, Nagpur	The prevalent diseases during this year among the population treated included Vat Vyadhi, Sandhigat Vat, Daurbalya, Pandu, Kandu, Kas, Shool, Arsha, Agnimadyam and Amlapitt


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AYURVEDA MOBILE HEALTH CARE PROGRAM UNDER SCHEDULED CASTES SUB PLAN (AMHCP-SCSP)

S NO	PROJECT YEAR	No of tours	No of villages covered	Population surveyed	SC patients treated	Total patients treated	Total Investigations carried out
1	2023-2024	214	5	3865	7955	9549	5339

Work carried out from April 2023 to March 2024

- During this period a total 3865 scheduled caste population of 05 villages/colonies was surveyed and Health care services provided to 9549 patients (Male: 2354 Female:7194; Transgender: 1). of which 7955 belonged to scheduled caste (Male1995: Female:5960).

Research projects during the period 2023- 2024


Effectiveness of Ayush Rasayana A & B on Quality of Life of elderly population- A cluster randomized study under AMHCP-SCSP project

Institute wise status of work carried out under Ayurveda Mobile Health care program (SCSP) during 2023-2024

Name of the Institute	Pockets Covered	No. of tours	Population Surveyed (SC)			Patients treated												Grand Total
			M	F	Total	New				Old				Total				
						ST		Other		SC		Other		SC		Other		
						M	F	M	F	M	F	M	F	M	F	M	F	
RARI, Nagpur	5	214	2022	3865	697	2043	144	391	1298	3917	215	843	1995	5960	359	1234	2354	7194

Prevalent diseases under AMHCP (SCSP)

SL NO	NAME OF THE INSTITUTE	NAME OF THE DISEASES
1	RARI NAGPUR	The 10 most prevalent diseases for adults (Male) in descending order are Sandhiwat, Vatavyadhi, Madhumeha, Pakshaghat, Kandu, Daurbalya, Amlapitta, Kaas, Shwas, Arsh , The 10 most prevalent diseases for adults (Female) in descending order are Sandhiwat, Vatavyadhi, Madhumeha, Pandu, Arsh, Amavat, Amlapitta, Kandu , Daurbalya , Khalitya Similarly in children the most top ten diseases were Agnimandya, Kaas, Krimi, Khalitya , kandu, Yuvanpidika, Jwar, Pratishyaya, Daurbalya, Pandu.


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WOMEN and CHILD HEALTH CARE PROGRAM UNDER SCHEDULED CASTES SUB PLAN (WCH-SCSP)

S NO	PROJECT YEAR	No of tours	No of villages covered	Population surveyed	SC patients treated	Total patients treated	Total Investigations carried out
1	2023-2024	210	5	3760	6695	9804	7585

Work carried out from April 2023 to March 2024

- During this period a total 3760 scheduled caste population of 05 villages/colonies was surveyed and Health care services provided to 9804 patients (MC: 543 FC: 918, Female:8343) of which 6695 belonged to scheduled (MC: 335 FC: 543, Female:5817).

Research projects during the period 2023- 2024


Effectiveness of Rajapravartani and Saraswatarishta in Dysmenorrhea-A prospective community based study under WCH-SCSP Project

Institute wise status of work carried out under Women and Child Health care program (SCSP) during 2023-2024

Name of the Institute	Pockets Covered	No. of tours	Population Surveyed (SC)			Patient treated																		Grand Total		
						New						Follow Up						TOTAL								
						SC			Other			SC			Other			SC			Other					
						Mc	Fc	F	Mc	Fc	F	Mc	Fc	F	Mc	Fc	F	Mc	Fc	F	Mc	Fc	F			M
RARI, Nagpur	05	210	760	300	3760	180	306	1662	137	309	1044	155	237	4155	71	66	1482	335	543	5817	208	375	2526	543	9261	9804

Prevalent diseases under WCH (SCSP)

SL NO	NAME OF THE INSTITUTE	NAME OF THE DISEASES
1	RARI NAGPUR	The 10 most prevalent diseases for adults female in descending order Sandhiwat, Vatavyadhi, Madhumeha, Pandu, Amlapitta, Rajodosh, Tvakroga, Udavartini, Kasa, Grudhrasi. The 10 most prevalent diseases for childrens in descending order are Kasa, Udavartini, Pandu, Agnimandyam, Rajodosh/Alpartav/ Anartav, Rasakshaya, Krimi, Pratishtyaya, Twakroga, karshyam


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